

**Proposed routine for foundation course in the new curriculum 2019 – Murshidabad Medical College**

Days	Time							
	8-9 am	9-10 am	10-11 am	11-12 noon	12-1 pm	1-2 pm	2-3 pm	3-4 pm
<b>Monday</b>	Orientation	Language/ computer training	AETCOM	Skill development	lunch	First aid	First aid	Skill dev
<b>Tuesday</b>	Orientation	Language/ computer training	AETCOM	Skill development	lunch	Field visit		
<b>Wednesday</b>	Orientation	Language/ computer training	AETCOM	AETCOM	Lunch	Skill dev	Sports	
<b>Thursday</b>	Orientation	Language/ computer training	AETCOM	Skill development	Lunch	Skill dev	Extra curricular activities	
<b>Friday</b>	Orientation	Language/ computer training	AETCOM	Skill development	Lunch	Skill dev	Life support	
<b>Saturday</b>	Orientation	Language/ computer training	AETCOM	Skill development	Lunch	Skill dev	Sports	

Time allotment

1. Orientation: 6 hrs
2. Language/ computer: 6 hrs
3. AETCOM: 10 hrs
4. Skill development: 7 hrs + first aid: 2 hrs
5. Sports: 4 hrs
6. Extra curricular activity: 2 hrs